



Colt D. Parker Medical History
Fort Meyers VA Medical Clinic



**U.S. Department
of Veterans Affairs**
Veterans Health
Administration

Initial Visit – March 3, 1970

VA Medical Memorandum

Date: March 3, 1970

Patient: Colt D. Parker

Presenting Complaint: Chronic insomnia, nightmares, and visual/auditory hallucinations.

History: Patient reports symptoms began following service in the Korean War. Experiences difficulty sleeping, recurring nightmares of combat situations, and occasional hallucinations.

Clinical Observations: Patient appears anxious and fatigued. Exhibits signs of combat-related neurosis, including heightened startle response and difficulty maintaining eye contact.

Diagnosis: Combat-related neurosis; Insomnia.

Recommendations:

- Referral to group therapy for veterans.
- Prescription for a mild sleep aid (e.g., diphenhydramine) to improve sleep quality.
- Scheduled follow-up appointment in one month.

Signature: Dr. A. Shepherd, MD

Follow-Up Visit – October 12, 1984

VA Medical Memorandum

Date: October 12, 1984

Patient: Colt D. Parker

Presenting Complaint: Persistent nightmares, increased startle response, and flashbacks related to Korean War experiences. Patient also reports increased alcohol consumption.

Clinical Observations: Patient exhibits signs of hypervigilance, agitation and reports frequent flashbacks. Appears to be self-medicating with alcohol.

Diagnosis: Post-Traumatic Stress Disorder (PTSD); Alcohol Use Disorder.

Recommendations:

- Referral to individual therapy to address PTSD symptoms.
- Encourage participation in a support group for veterans with PTSD.
- Discussed medication options (e.g., SSRIs) to manage PTSD symptoms; patient declined.
- Discussed residential treatment program for alcohol dependence; patient declined.

Signature: Dr. B. Vance, PhD

Further Evaluation - July 24, 2003

VA Medical Memorandum

Date: July 24, 2003

Patient: Colt D. Parker

Presenting Complaint: Increased frequency and intensity of hallucinations and night terrors. Reports social isolation and increasing paranoia. Elevated alcohol use.

Clinical Observations: Patient exhibits symptoms consistent with chronic PTSD and alcohol dependence. Reports significant functional impairment due to symptoms.

Diagnosis: Chronic PTSD; Alcohol Dependence; Rule out late-onset psychotic disorder.

Recommendations:

- Referral for inpatient psychiatric evaluation to rule out late-onset psychotic disorder and address alcohol dependence.
- Discussed intensive outpatient program; patient declined inpatient evaluation but agreed to follow-up.
- Scheduled follow-up appointment in two weeks.

Signature: Dr. C. Reynolds, MD

Client Note

This document summarizes Mr. Parker's medical history as it relates to his mental health treatment at Fort Meyers VA Medical Center. It highlights his ongoing struggles with PTSD symptoms stemming from his service in the Korean War, as well as his co-occurring Alcohol Use Disorder/Dependence. The records indicate a pattern of declining treatment adherence and increasing symptom severity over time. However, his legal counsel never looked into this.