**10 Rules of Conduct**

**by Bernard Layfayette and John Lewis**

Retrieved from *Nashville Sit-ins* at http://www.historylearningsite.co.uk/nashville\_sit\_ins.htm

Rules of behaviors were required for all who participated in civil rights activities. The rules stated:

Do Not:

1. Strike back nor curse if abused
2. Laugh out
3. Hold conversations with a floor walker
4. Leave your seat until your leader has given you permission to do so
5. Block entrances to stores outside nor the aisles inside

Do:

1. Show yourself friendly and courteous at all times
2. Sit straight: always face the counter
3. Report all serious incidents to your leader
4. Refer information seekers to your leader in a polite manner
5. Remember the teachings of Jesus Christ, Mahatma Ghandi and Martin Luther King. Love and non-violence is the way.